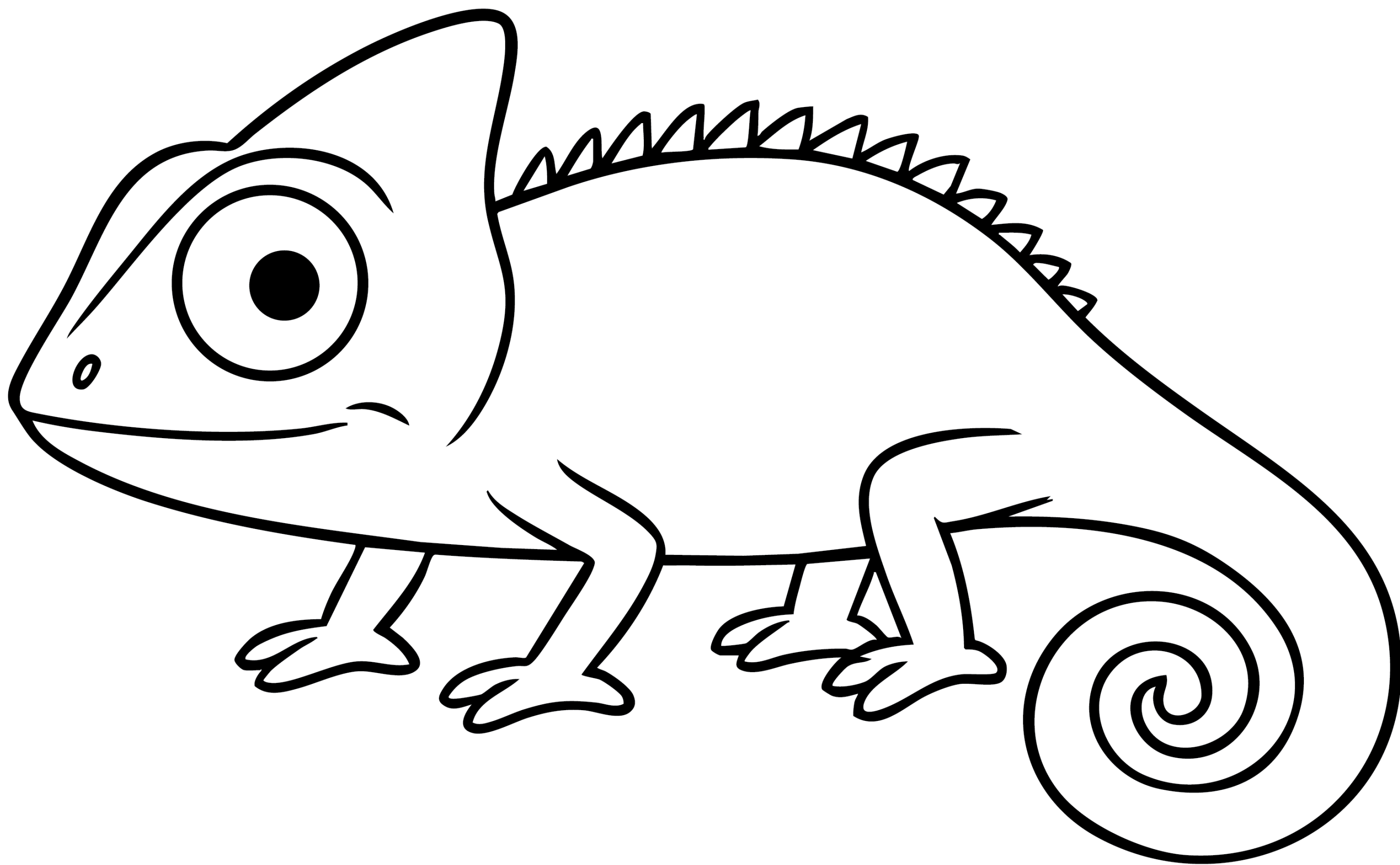
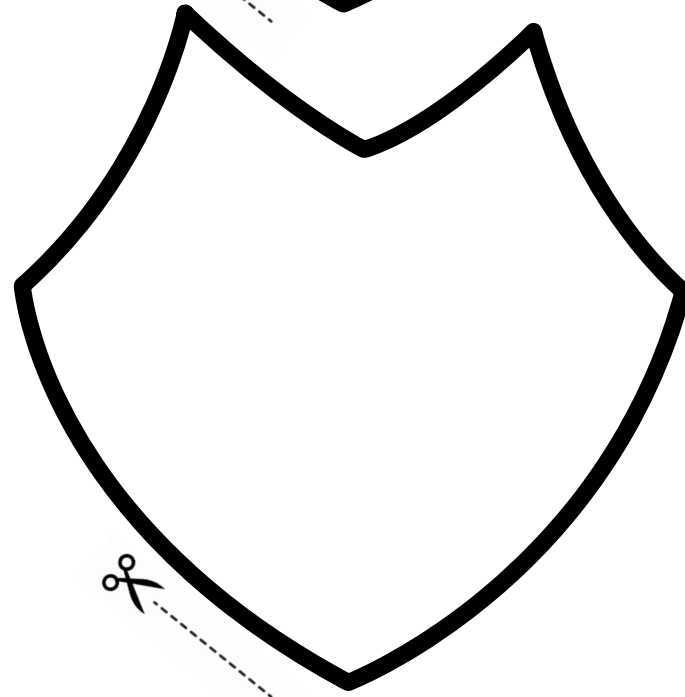
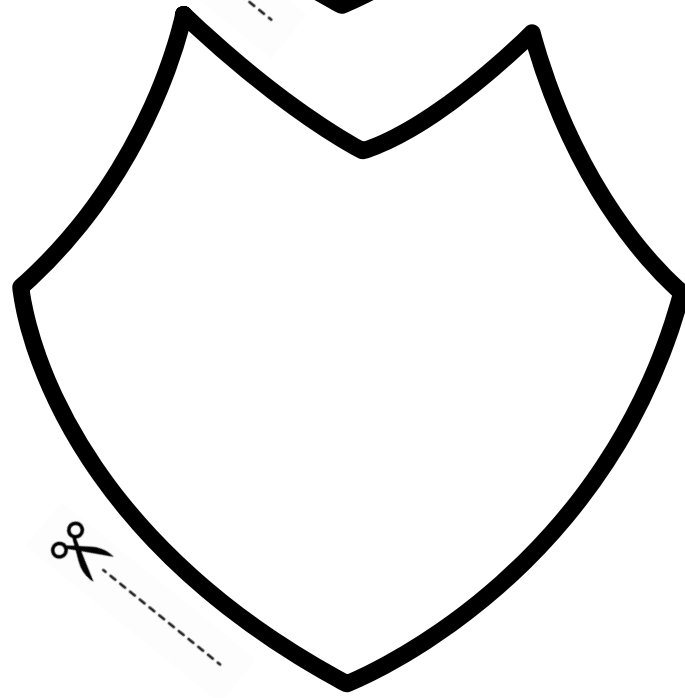
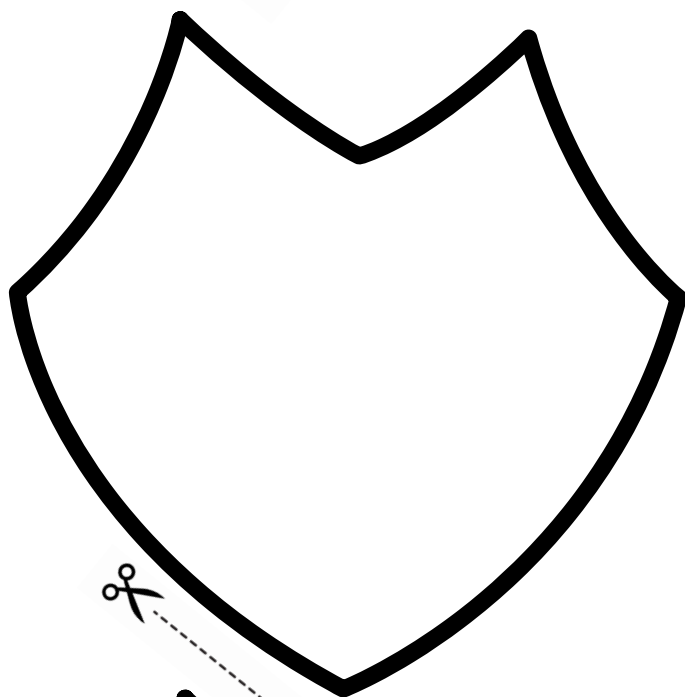
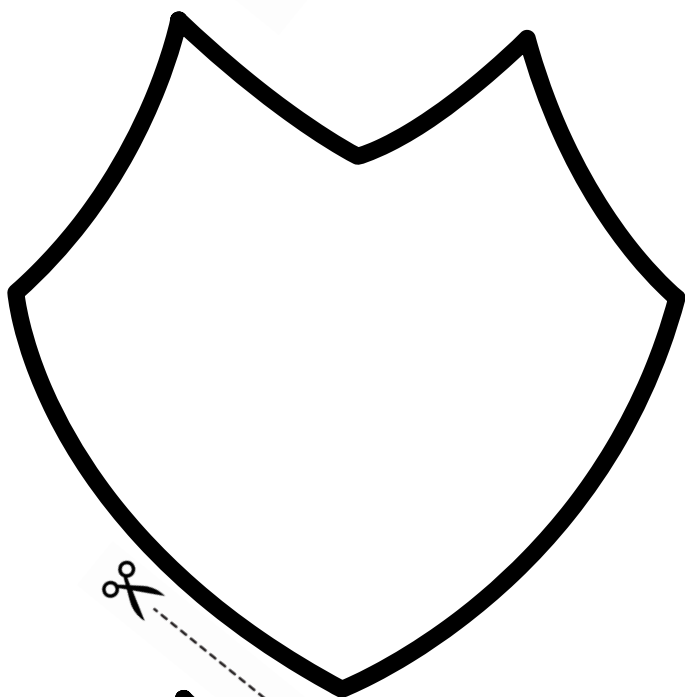
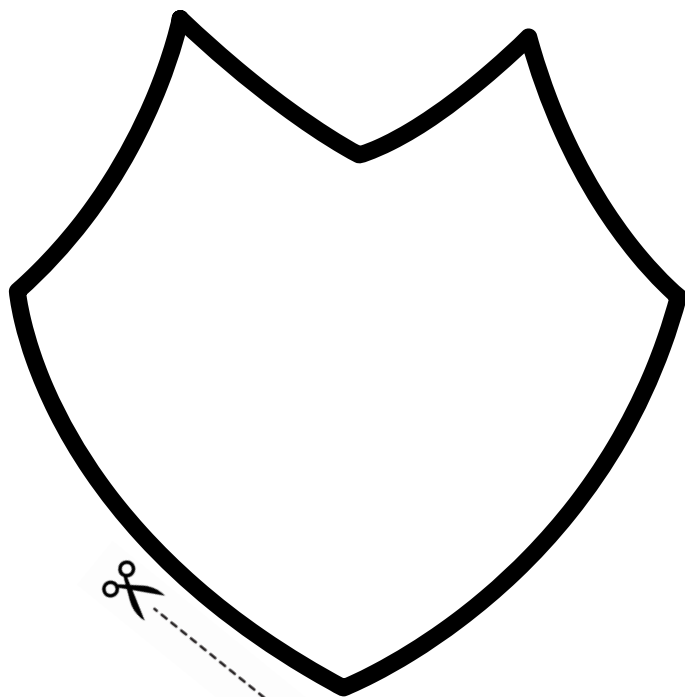
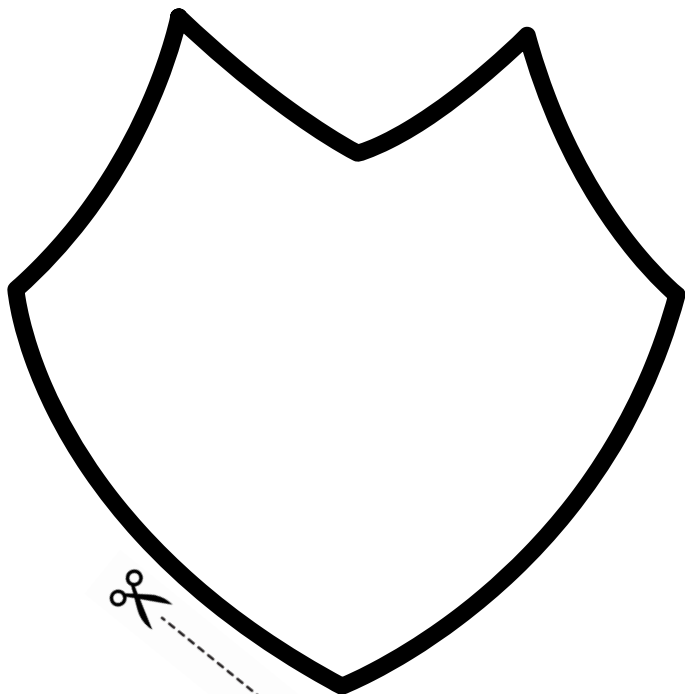






You're one
of a Kind!





HOW I AM SPECIAL

Height

Weight

Name: _____

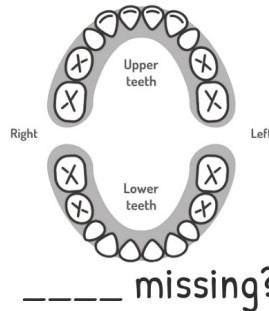
Birthdate: _____

Age: _____

Eye Colour



How many teeth?



Hair Colour

Favourite Food

Activites/Sport

Colour & shape

My family consists of:

When I grow up I want to be:

Finger Print

ANNOUNCEMENTS

WORD DETECTIVE

Write 5 describing words that show your personality or strengths

SUPERSTAR SPELLING



On a spare page in your homework book

- Write each word in **rainbow** letters.
- Find 2 **rhyming** words for each. (e.g. cat – bat, mat)

HAPPY & HEALTHY

Do any of these:

- ☐ Go for a nature walk or ride
- ☐ Do 10 animal-style exercises (e.g. crab walk, frog jump)
- ☐ Help prepare a snack or lunch
- ☐ Have a 2-minute mindful moment – what sounds do you hear?

CREATIVE CORNER

Use items from around your house to make/draw your own unique lizard. (cardboard, sock lizard, paint etc)

Take a photo of what you made or bring to school to share.

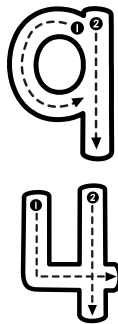
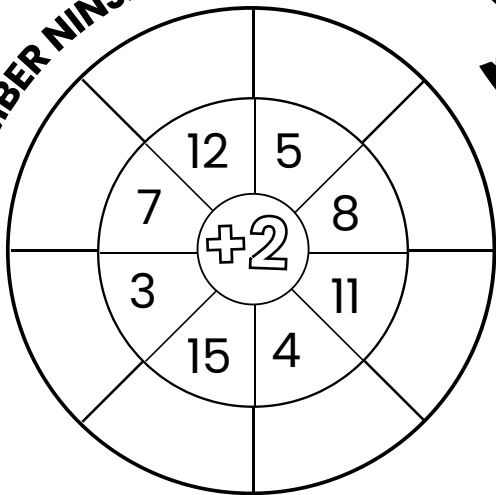
MINI SCIENTIST

Go outside and find something:

- Living (e.g., insect, plant)
- Non-living (e.g., rock, toy)
- Once-living (e.g., fallen leaf, wooden stick)

What makes them different?

NUMBER NINJA



	4	7	8	5	3	10	6
2							
3							



4 BOOKS YOU READ THIS WEEK

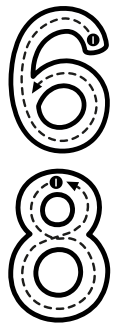
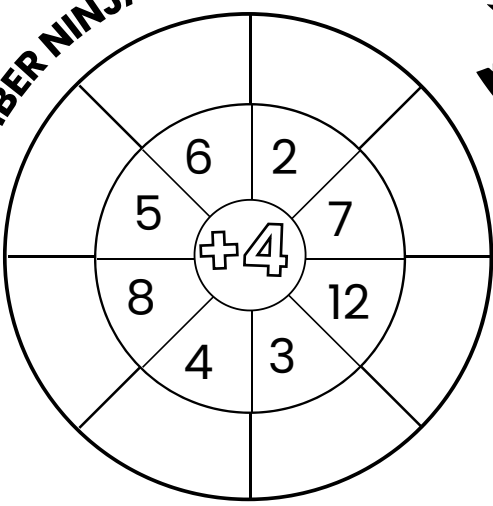
ANNOUNCEMENTS

WORD DETECTIVE

Find 4 heavy objects around the house.(Draw heaviest to lightest.)

1	2
3	4

NUMBER NINJA



	Count up in 2's and 3						
2	4	6					
3	6	9					



4 BOOKS YOU READ THIS WEEK

SUPERSTAR SPELLING







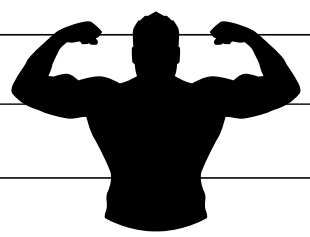






Choose 5 tricky words from your reading book
 Write each word in **Bubble** letters.
Spell out loud each word out loud 5 times.

HAPPY & HEALTHY



Do any of these:

- ☐ Play a game outside with someone
- ☐ Do 20 frog jumps
- ☐ Help your parent or caregiver with a job
- ☐ Write a thank-you note to someone who shows bravery

How did you feel?

CREATIVE CORNER

Create your own actions for the chorus of "Carly the Chameleon" (🎵 "I will be strong, I'll be brave...")

Show your moves to the class or make a short video!

MINI SCIENTIST

In a clear glass, fill it halfway with water. Add some cooking oil on top. Watch closely—**What do you notice?**
(Do experiment with a parent. Optional: add food colouring to water)



ANNOUNCEMENTS

WORD DETECTIVE

Write down 3 kind phrases you can say to a friend (e.g., You can do it!)

SUPERSTAR SPELLING

★

★

★

★

★

On a spare page in your homework book

1. Write each word in CAPITAL LETTERS.
2. Write each word backwards.

HAPPY & HEALTHY

Do any of these:

- ☐ Go for a walk or scooter ride
- ☐ Do 20 star jumps
- ☐ Help cook or pack your lunch
- ☐ Have a mindful moment (sit quietly & listen for 5 things)

How did you feel?

CREATIVE CORNER

Draw and colour in a picture of you and your friends/family. Use colour to show each persons unique features

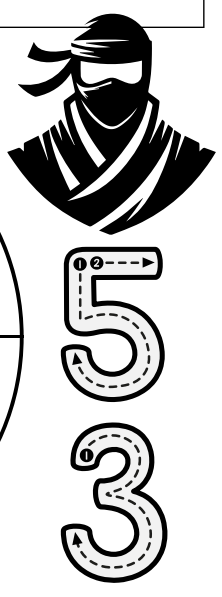
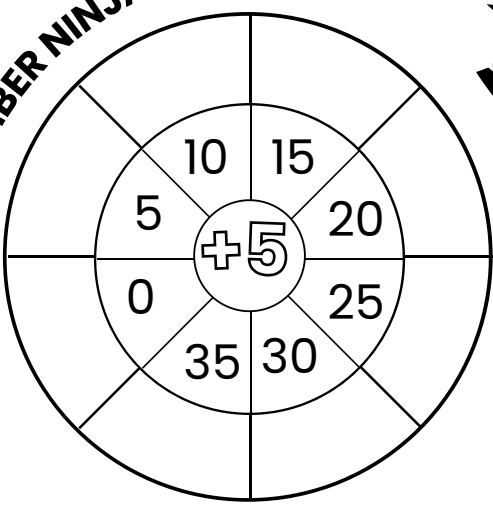
MINI SCIENTIST

Make two paper chains:

- One with 1 loop
- One with 5 or more loops

Hang a small object (like a peg or eraser) from each. **Which one holds better?**

NUMBER NINJA



Count up in 5's

5	10	15				
45	50	55				



4 BOOKS YOU READ THIS WEEK

ANNOUNCEMENTS

WORD DETECTIVE

Write 4 different feelings you have felt before (happy, sad..)

SUPERSTAR SPELLING











On a spare page in your homework book

1) Write each word in a lettering that is **Happy**

2) Write each word in a lettering that is

SCAREY

HAPPY & HEALTHY

Do any of these:

- ☐ Do 5 slow deep breaths
- ☐ Talk to someone who is sad and cheer them up
- ☐ Write down or draw 3 things that made you happy today
- ☐ Hug someone you love

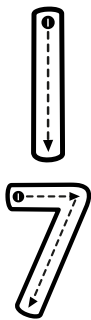
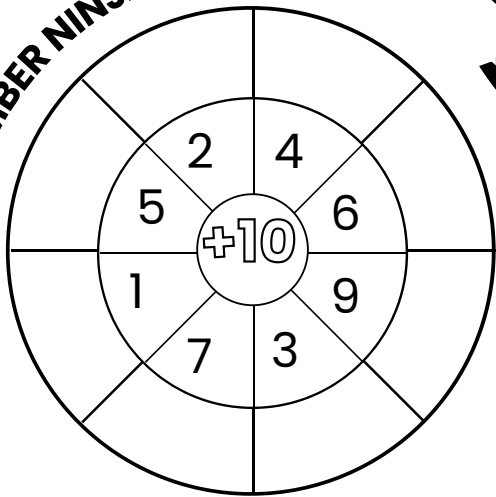
CREATIVE CORNER

Take turns acting out different emotions without speaking. Use your face and body to show how someone might feel. The others guess what feeling you're showing. Then switch turns and try a new emotion!

MINI SCIENTIST

Test your heart rate! How fast does it feel? Now do star jumps for 30 seconds. Feel your heart again. What do you notice before and after?

NUMBER NINJA



-	4	6	8	10	12	14	16
4							
2							



4 BOOKS YOU READ THIS WEEK

ANNOUNCEMENTS

WORD DETECTIVE

Write 3 things you tried for the first time this year.

SUPERSTAR SPELLING











In your homework book:

1. Copy each word listed above.
2. Now write each word with each letter moving up in steps like stairs.

HAPPY & HEALTHY

Do any of these:

- ☐ Try a new fruit or vegetable
- ☐ Learn a new dance move
- ☐ Say hello to someone new
- ☐ Do something by yourself

How did you feel?

CREATIVE CORNER

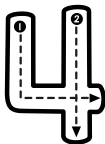
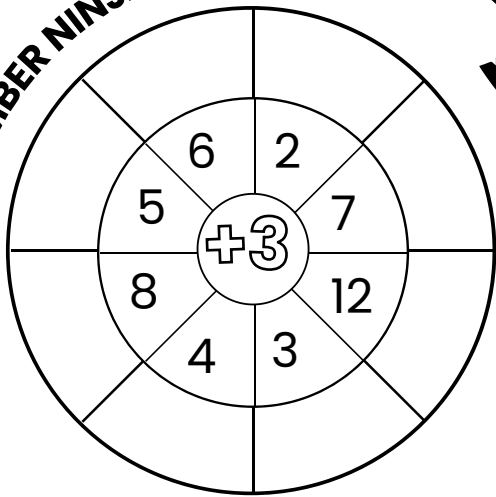
Try drawing or painting with the hand you don't usually write with.

Was it hard? Bring your picture and show the class.

MINI SCIENTIST

Try mixing two foods you've never combined before—what happens? (For example, banana and peanut butter, or apple and cheese.) What does it taste like? Do you like it?

NUMBER NINJA



What comes next?

4	5	6					
10	11	12					



4 BOOKS YOU READ THIS WEEK

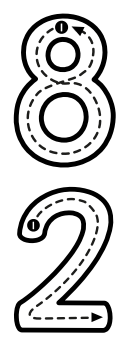
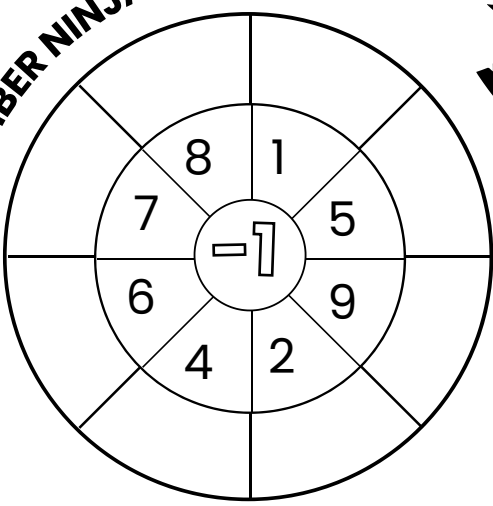
ANNOUNCEMENTS

WORD DETECTIVE

Draw 4 things you create
Drawings with (ie. paint, pencils)

1	2
3	4

NUMBER NINJA



Count up in 3's							
0	3	6					
2	5	8					

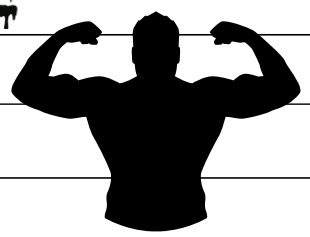


4 BOOKS YOU READ THIS WEEK

SUPERSTAR SPELLING

In your homework book. Have fun rewriting each spelling word anyway you like. Be

Creative



HAPPY & HEALTHY

Do any of these:

- ☐ Dance like no one's watching
- ☐ Create your own workout
- ☐ Build a fort or tent
- ☐ Invent a new game

Share what you did in class.

CREATIVE CORNER

In your homework book, Create your own comic strip or short story.

MINI SCIENTIST

Challenge: How tall can you make a tower using only:

- 10 sheets of paper
- Tape or glue

Think like an engineer.

- Fold, roll, or cut the paper any way you like

Take a photo of your tower.



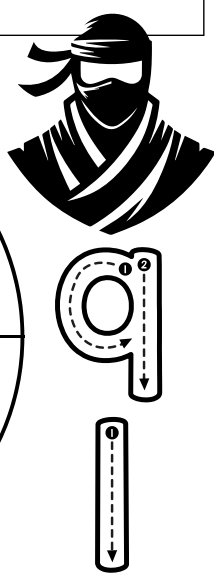
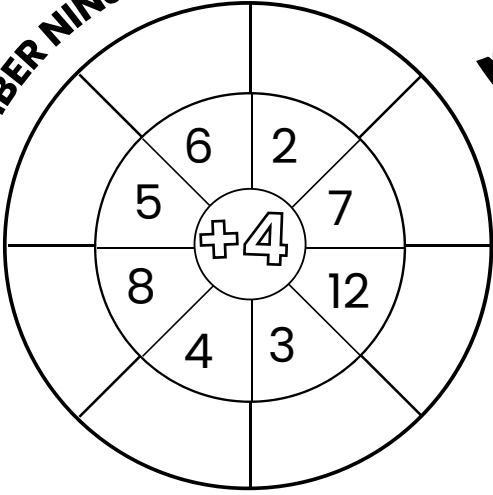
ANNOUNCEMENTS

WORD DETECTIVE

Draw 4 things you create
Drawings with (ie. paint, pencils)

1	2
3	4

NUMBER NINJA



Count up in 4's							
0	4	8					
2	6	10					

4 BOOKS YOU READ THIS WEEK

SUPERSTAR SPELLING









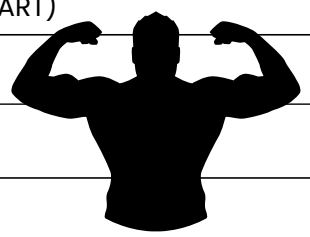




In your homework book:

- Write each word really **little**.
- Make another word using letters from each spelling word (e.g., MAT can be made from letters in the word SMART)

HAPPY & HEALTHY



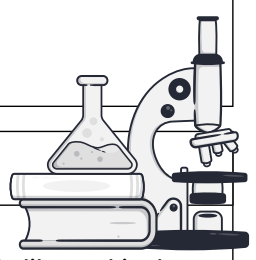
- Do any of these:
- ☐ Help tidy a room
 - ☐ Say something kind to a sibling or friend
 - ☐ Do a secret good deed
 - ☐ Make a kindness card
- How did you feel?**

CREATIVE CORNER

Draw a picture of you helping someone.

MINI SCIENTIST

- Fill a shallow dish with water.
 - Sprinkle pepper on top (this is like unkind words or actions).
 - Dip your finger in dish soap, then touch the water.
- ★ Watch the pepper quickly move away!
Kindness (like soap) can push away negativity and protect others.



ANNOUNCEMENTS

WORD DETECTIVE

List 4 things you see on a nature walk in the order you saw them.

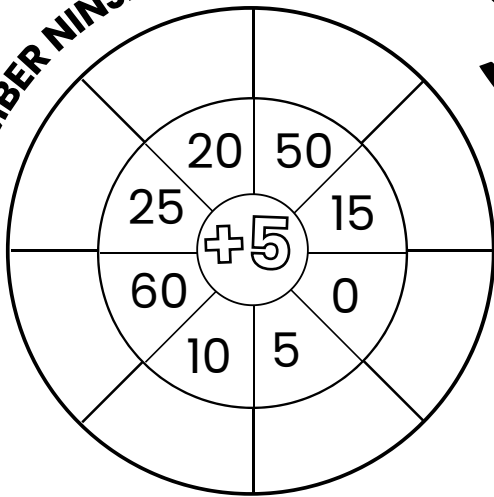
1

2

3

4

NUMBER NINJA



7
3

-	5	10	15	20	25	30	35
1							
5							



4 BOOKS YOU READ THIS WEEK

SUPERSTAR SPELLING











In your homework book:

1. Write each letter of each word as a branch, twig or leaf.



HAPPY & HEALTHY

Do any of these:

- ☐ Go barefoot on the grass
- ☐ Plant something
- ☐ Spot a bug and sketch it
- ☐ Lie down and watch the clouds

How did it make you feel?

CREATIVE CORNER

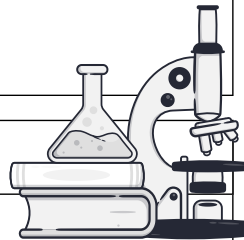
Make a nature crown or bracelet using leaves and twigs.

Take a photo or bring it to school.

MINI SCIENTIST

- Collect 3 different leaves.
- Stick into your homework book
- Compare their shape, size, and colour.
- What's the same/different?

Write what you find in your homework book.



ANNOUNCEMENTS

WORD DETECTIVE

Write 3 things you are proud of.

SUPERSTAR SPELLING











Write a story about YOU that uses all the spelling words on your list this week

HAPPY & HEALTHY

Do any of these:

- ☐ Celebrate with a dance party
- ☐ Make a "Me" cheer
- ☐ Write a story with YOU as the main character.
- ☐ Do something that makes you smile

Share what you did in class.

CREATIVE CORNER

Make a mini "All About Me" poster. With things like your height, hair colour, eye colour, favourite colour and hobbies etc

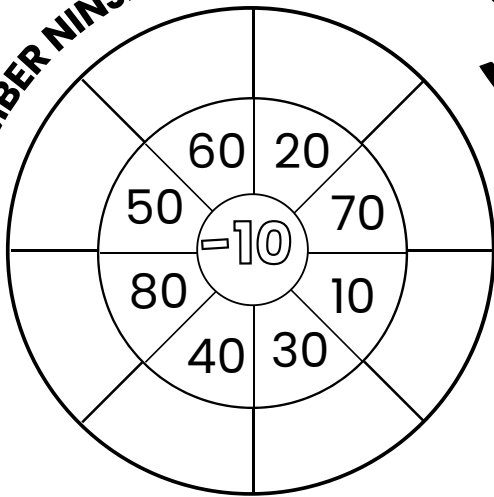
MINI SCIENTIST

Trace you hand and foot into your homework book and then measure how long they are with a ruler or string. Record the sizes.

My foot size is:

My hand size is:

NUMBER NINJA



Keep Counting

21	22	23					
45	46	47					

4 BOOKS YOU READ THIS WEEK
